

## Trainer Profile: I.W.

### 3 things you need to know about I.W.

1.

I.W. Combines over 10 years of training experience with a vast number of professional qualifications for Sports Coaching and Health and Safety.

2.

He has played senior rugby since he was 16 – 25 years for his home club, 12 years of Sunday league football and 10 years of local Sunday cricket.

3.

He was born in Witchitta Falls Texas USA.

I.W. is a certified trainer and coach with more than 10 years of delivering a variety of courses. He is an expert on delivering trainings on First Aid, Health and Safety, Athletic Coaching, and Leisure Management. Across all industries.

In his career, I.W. was working as lifeguard and Duty Manager. During this time, he gained his Lifeguard and First Aid Trainer qualifications. Further, he was working for Essex County Council's Adult Community Learning. In this position I.W. was responsible for training staff and volunteers at 2 schools, 3 swimming pools, 5 rugby club youth sections and a local scout group. During this time he gained valuable practical experience as well as required qualifications and certificates for tutoring, training and coaching on First Aid, Health and Safety, and Lifeguarding.

He is one of the 12 tutors delivering First Aid courses for Essex County Council. Prior to this, he had worked for local council, subcontracted for other training companies (Franklins Fire and safety, First for Training, Southend Training services, Imperative Training), but also for Newhall School, New Rickstones Academy, 5 local youth rugby club sections and a local scout group. Currently he often works for Essex County Council Adult community learning.

I.W. combines a unique blend of professional experience with a sound theoretical background in First and Aid, and Health and Safety. This is also reflected in his training sessions as he integrates a sound knowledge on these issues with first-hand experiences and examples and incorporates them into practical training exercises.

I.W. attended the University College of St Mark and St John, gained the Diploma of Higher Education in Secondary PE & IT and completed 3 years of a BE'd PE degree in Health and Safety, Lifeguard and Sport Coaching.

Beyond this, he holds numerous qualifications and certificates, including Health and Safety at Work First Aid Certificate, R.L.S.S. National Pool Lifeguard, E.V.A. Level 1 Coach, RFU Preliminary Coaching Award and A.S.A Swimming Teachers Certificate., , RLSS A.E.D Trainer & Assessor, F.A.W. Trainer & Assessor, C.I.E.H. Advanced Health and Safety in the Workplace, and was award in Conducting Internal Quality Assurance of the assessment process.

### I.W. is an expert in...

- ✓ **First Aid**
- ✓ **Health and Safety**
- ✓ **Lifeguarding and Scouting**